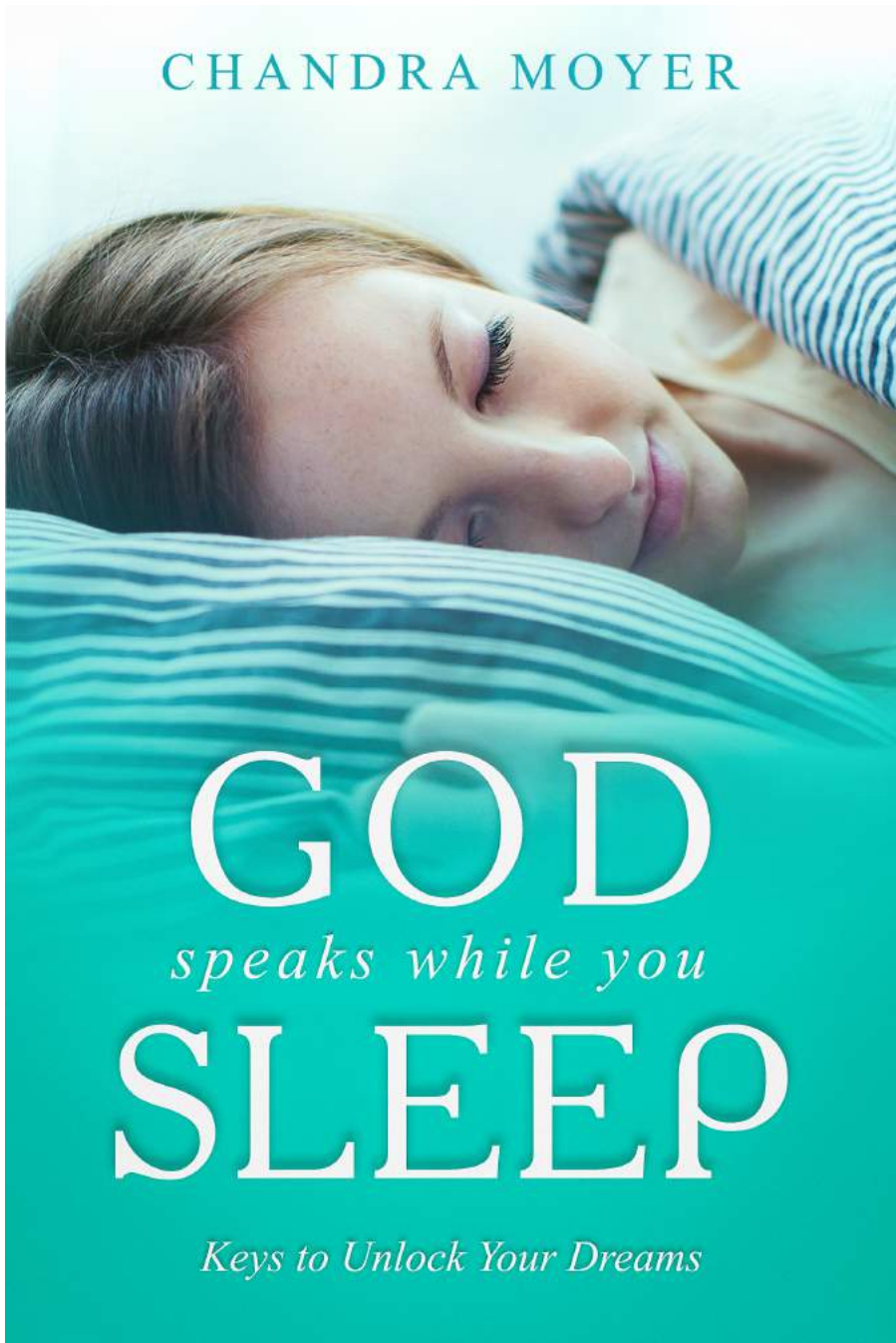


CHANDRA MOYER



GOD
speaks while you
SLEEP

Keys to Unlock Your Dreams

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Meet Chandra

Chandra is a life coach, speaker, author, and dream interpreter with a giant heart to help women live their dreams. She has hosted life-changing events that created a safe space for women to receive emotional and spiritual healing. As a result, women were inspired and empowered to pursue their dreams.

Chandra started helping people hear God's voice by using her prophetic gift over twenty years ago. Through personal experiences, Chandra has learned that many of the dreams we have at night offer valuable insight to our waking lives. They reveal our passions, goals, destiny and so much more.

Introduction

God has a destiny for each one of us. I was in my early 30's before I heard someone share that God had a plan for my life. Really? You mean I didn't have to figure it out all by myself? I have the capacity to tune into Him and discover what I was created for? Although I had supernatural experiences encountering His divine love, this was a totally new concept. During times of prayer, I began intently listening for God's still voice inside of me. Learning to hear His voice is essential to knowing our destiny. As we remain connected to our Heavenly Father, our destiny progressively unfolds.

God communicates all the time in various ways. He makes His presence known through creation, scripture, the Holy Spirit, angels and through dreams. These are just a few ways LOVE reaches out to us. God loves us with an everlasting love and He longs for our affection. Our presence brings Him so much joy because we are His children.

One of the incredible ways I believe He communicates is through dreams. I have learned to agree with what God shows me in dreams. **Then act upon it. There is power in agreement with the Father, Son and Holy Spirit!**

The desire to understand your dreams has probably led you to read this e-book. I am excited to join you on this journey of discovering the meaning of your dreams.

The biggest adventure you can take is to live the life of your dreams.
Oprah Winfrey

Do Dreams Really Come True?

Are dreams a figment of our imagination or do they carry meaning and divine revelation? Are we missing important information about who we are, our lives, destiny, and future because we have confined our dreams to eating too much pizza?

These are important questions to ask if you're interested in learning how to connect your night dreams to your life. Let's go on an adventure together to explore the answers.

Your belief or emphasis on dreams may depend upon what culture you're from or how you were raised. Unfortunately, our western culture tends to dismiss the importance of dreams. However, I believe the power of dreams can awaken us to our authentic self, unlock our destiny, give us insight into our daily lives, bring healing and more.

It dawned on me years ago that God has given me the gift of dreams. Dreams are such a natural part of my life that I hadn't consciously realized the impact they had in my life until several years ago. At a young age, my mom taught me the value of dreams. She'd say, "Chandra, when you first wake up be still for a moment and listen to your dreams." I'm grateful for the gift she gave me, and I taught it to my children when they were young. A few years ago, I learned that my grandmother also had the prophetic gift of dreams. I believe that dreams are a gift from God to be valued.

In 2005, I felt impressed to attend a few dream interpretation courses through John Paul Jackson and Barbie Breathitt. Not only did I want to learn more about interpreting my own dreams, I also wanted to help others find answers for their lives. Since that time, I have hosted many dream interpretation seminars empowering people to understand their dreams along with giving interpretations. Personally, I have received guidance, emotional and spiritual healing through dreams that have had an incredible impact on my life.

Interpreting your dreams can help you make the right business decisions, meet influential people, gain insight to parent your children, see what can take place ahead of time, solve problems, receive clarity and help you be at the right place at the right time. Some of these things have happened in my own life and others I know.

This e-book will give you the basic keys on how to understand and respond to your dreams that will change your life.

All our dreams can come true, if we have the courage to pursue them.
Walt Disney

What are Dreams?

Do you realize that you will spend one-third of your life asleep? By the time you are seventy, you will have slept twenty-three years and spent many years dreaming. Could you possibly be missing out on some hidden treasure waiting to be discovered that will impact your life in a significant way? Is it possible to tap into the hidden meaning of your dreams and receive deeper insight to your daily life and your destiny? The answer is yes!

According to science, everyone dreams. I believe dreams are a symbolic language that release revelation while you are asleep. They are filled with thoughts, images, symbols, sounds, and emotions that often seem larger than life. Our brain puts on a show every night whether we remember it or not. Today, many people are having significant dreams leaving strong impressions and they want to know what they mean.

I believe the God of creation speaks to us in many ways. One amazing way to hear from Him is through symbolic language in your dreams. The Divine will bypass your waking life to connect with you while you sleep. Why? You are in a less resistant state and can hear truth or information more easily. Although not all dreams are from God, I believe we can still receive messages through our soul that speak to our daily lives. Dreams reveal the truth of where you are, where you are going and the barriers you need to remove to get there. Our night dreams are a powerful source of insight that can help us live more fulfilled lives.

Dream Sources Come from Two Realms.

Spiritual realm-God, human spirit and demons

Natural realm-physical condition and soul (desires/struggles)

Dreams come and tell us something about our lives that we are missing.

Common Dreams

Have you ever dreamed of having a baby, falling, flying, being chased, back in school taking a test, going to the bathroom in public, or teeth coming loose? These are common dreams that seem to have a universal meaning. You can learn how to understand the meaning of these type of dreams and how they apply to your current life situations. Spiritual dream interpretation can reveal how your night dreams connect to your life dreams.

In 2015, I had a dream where I was laying in a hospital bed. The moment I stood to get out of bed, a bell went off. Before I could get back into bed, a nurse entered the room. "You need to stay in bed; you're in labor." Her statement totally surprised me because I didn't know I was pregnant, let alone in labor. She walked over to adjust the fluid bag connected to my arm. Suddenly, I was bent over on my hands and knees in full-blown active labor. The nurse turned and smiled before leaving the room, "Father will be so excited to hear HIS MAGNIFICENT CHILD IS ON ITS WAY!" This exciting dream got my attention! It woke me up anticipating something new happening in this chapter of my life.

Here are a few common dreams:

1. **Baby or Pregnant**

Indicate new beginning or chapter in life. Something new and creative is coming to you...a new idea, new job, new project at work, new calling, new business, new invention, etc. These dreams are typically symbolic rather than literal.

What you can do: Ask yourself, "Am I involved in a new project, new relationship, etc."

2. **Chased or Running**

Being chased often reveals that negative forces may be coming against your life and purpose. Who's chasing you, who are you chasing and what emotions are you feeling? Is your insecurity causing you to run away from some situation or someone?

What you can do: Ask yourself what are you avoiding in your current life?

3. **Cars or Vehicles**

Cars take you places and represent various aspects of your life such as job, family, business, and ministry. Indicates your present ability to influence and carry others along with you. Pay attention to who is driving the car. May indicate

who is driving your life. Take note of the condition of the car, color, make, model and year.

What you can do: Ask yourself who's in the car with you and who's driving the car? What are you feeling?

4. **Falling**

May reveal that you don't have control over a situation in your life. Do you feel like a failure in some area of your life? Have you recently experienced some type of loss such as a relationship, security, job, confidence, money, etc.

What you can do: Examine and face the issues in your life.

5. **Being in School or Taking a Test**

These dreams indicate you are learning something new or in need of knowledge and wisdom. This is a valuable time in developing yourself.

- *Taking a test:* You are mastering something you didn't previously know, being "tested" or going through a challenging time in your life for the purpose of promotion.
- *High School* dreams may be a sign that you are enrolled in the School of the Holy Spirit.
- *Unprepared taking a test:* You knew about the exam but didn't do any studying. Flunk an exam you've already passed. Are you a perfectionist and fear messing up even when you're well prepared?

What you can do: Maybe it's time to start enjoying life. Ask yourself, "Am I too hard on myself?" If so, lighten up.

6. **Flying or Soaring**

Deal with your capacity to rise above problems, difficulties and break away from limitations into new freedom. They are very inspirational and encouraging dreams.

What you can do: Tell yourself that you have the ability to rise above difficulty; look for opportunities on the horizon and expect to succeed.

7. **Your House**

Normally represents you and issues in your life. Note the time (past or present), condition of the house, type of house and details of any rooms.

What you can do: An old home from your past may indicate you need to deal with unresolved issues.

8. Dying

Typically, this dream is symbolic and not literal about the person in the dream. Look to see if the person is restored to life. May reveal that an issue, career, or relationship is coming to an end. Shows that something is ending or departing from your life in order to make room for something new.

What you can do: Ask yourself if you experienced recent losses such as friends, relationship, job etc.?

9. Naked in Public

No one seems to notice that you are naked-You are feeling vulnerable, insecure, afraid of being exposed.

What you can do: Think about your insecurities and share them with a person you trust. Get them out in the open, so you can find solutions and move forward.

10. Loose Teeth

Teeth represent confidence and power. Missing or loose teeth indicate that you are in need of confidence, direction, wisdom & knowledge. Can also indicate you are biting off more than you can chew by taking on too much responsibility.

- *Wisdom teeth come loose or fall out.* Lacking wisdom in some area of your life.
- *Incisor teeth (eye-teeth) come loose or fall out.* Can indicate you are lacking spiritual vision or lack ability to recognize important elements in your life.

What you can do: Practice confidence boosters such as dressing for success, positive affirmations along with confident body language.

11. Snakes

Snakes symbolize you are being harassed by lies, accusations and distortions. If you are bitten by the snake, it shows the lie is painful and may have lingering consequences.

What can you do? Ask God to reveal where the source is coming from and how to respond. Ask Him to cleanse and heal you from the painful effects.

Types of Dreams

There are many different categories of dreams. Some of the dreams will blend together. Many of my dreams blend the prophetic and healing. The dream language is unique to the experiences of the dreamer and guidance of the Holy Spirit.

Destiny Dreams

Destiny dreams show that there is something more for you to fulfill in your life. They allow you to see yourself in a different role than you've experienced before. You are performing a specific skill that you've not yet accomplished.

These types of dreams often reveal a future calling. It's an invitation to enter the preparation process for a new career, relationship, business, etc. I dreamed I was speaking before large groups of people, meeting ambassadors and government leaders years before my dreams came true. Destiny dreams inspire us to dream big.

Warning Dreams

Dreams that warn of coming danger by a person, evil one or decisions we are about to make. They give us time to avoid potentially disastrous events. God will show us things in dreams so we can partner with Him in prayer to change them. One night I dreamed a killer whale attacked my oldest son. I awoke praying protection over his life. I came in agreement with God's plans for his life canceling the enemy's. That same night, Aaron was in a major car accident and totaled his car. He walked away without a scratch, and the police said it was a miracle he was alive.

Predictive/Prophetic Dreams

Prophetic dreams show you the future in a particular area of your life. They provide information you have no way of knowing apart from the dream. They offer a different landscape outside our framework of thinking.

In July 2009, I moved to DC to share a small apartment with my daughter Ashley to attend graduate school. I loved the culture and felt alive again! During that time, I had hoped my husband and I would relocate to Northern VA. Unfortunately, job opportunities didn't work out. I was struggling with returning to an empty home and a community I felt disconnected from. After completing graduate school in December 2010, I reluctantly returned home to Chesapeake, VA.

I felt it was time for us to move out of the home we had lived in for thirteen years. TP loved our home, community and never wanted to leave. On the other hand, I felt it was time to downsize now that we were empty nesters. I had very little connection to our community and was not happy there.

I asked God to show my husband it was time for us to sell our home and move to another community. I had no idea where, but I knew we needed to start looking.

One night my husband had a dream. *I heard bulldozers in the forest behind our home. I saw trees falling and a voice said, "IT'S TIME TO MOVE!" And I answered, "But I don't want to move." When I woke up, I felt I needed to get ready to move.* This dream got TP's attention.

Two months later, I had a similar dream. *I was standing in our back yard overlooking a barren field. I couldn't believe all the trees and greenery were gone except for a couple of small wispy trees on our property line. The brown dirt was leveled so that new homes can be built. I was having a conversation with my neighbor and said, "Oh heck yeah, we definitely have to move now!"* The meaning of the dream was two-fold. Not only did the dream reveal it was time for us to move, it revealed what was going to happen in the future. I felt God was showing us that our future would resemble a barren field if we refused to listen.

After receiving these two dreams, our *response* to the message in the dream was to get our home ready to put on the market. I started driving around to other communities to get a sense of where our next home might be.

One weekend Ashley came home from Alexandria to visit. I suggested we look at different neighborhoods in another city. The moment my daughter and I drove into this one particular neighborhood, I knew this was the place. The atmosphere felt right, and there was so much beautiful green space. Sometimes God gives clear direction where He's leading me, but most of the time He gives me just a small piece of revelation and waits for me to step out in faith before showing me the next step. I took a step of faith by driving around different communities and trusting that Father would guide me to our next home.

My husband received a clear sign that this community would be our next home when the builder dropped the lot price by \$20,000.00. After eight months of construction, we moved into our beautiful home a week before Christmas. It was the best Christmas gift!

Three weeks after our old home sold, all the trees were bulldozed for a new development of two-hundred plus homes. The stripped land looked just like the barren field in my dream. My old neighbor told me that bulldozers greeted them every morning and shook their homes.

Before



After



This is the goodness of God to give us direction in the next season of our lives. I would have been miserable had we stayed in that neighborhood and so would TP. You know the saying, happy wife happy life. We both are very happy in our new home. I feel a sense of belonging and connectedness; something I didn't have in our previous community.

How do you know if your dream is prophetic or predictive?

This can be a tricky area because you don't always initially know. That's why it's important to record your dreams. Then pray and ask the Holy Spirit for

understanding. Sometimes I didn't know I had a prophetic dream until the event unfolded. Other times, I knew in my spirit that this dream contained future events. An example is the dream about the trees bulldozed behind my home. A developer had already bought the land. In order to get buy-in from the community, he agreed to leave a buffer of trees behind our homes. God showed me the future reality through a dream. There would be no buffer. Instead, all the trees would be taken down.

Looking back, I now see a pattern of sorts. Some of the dreams I sensed were prophetic typically addressed an issue or situation I was not experiencing at the moment. Other dreams, that I didn't realize were predictive, dealt with people I didn't personally know or situations I was unaware of. Often, they were re-occurring dreams.

In 1992, I didn't realize a sequence of dreams about a very influential woman were predictive. However, they left a very strong impression on me, so I wrote them down. At the time, I was living in Colorado Springs and knew the woman made periodic trips there. Many times, throughout the years, the Holy Spirit led me to pray for her.

Eight years later, I stepped into my prophetic dream when I moved to a new city, and a friend informed me this prominent woman lived in the same city. The first time I saw her at an antique auction, it was surreal. I happened to find myself standing next to her looking at a jewelry booth. I didn't even speak because I was overwhelmed with the reality of it all. Several weeks later, I had the opportunity to personally meet her.

When I walked into her office, I was stunned to see photos line her wall with several U.S. Presidents. During our conversation, I learned that we lived in the same community. We met a few times in her home and that laid a foundation of trust for a future assignment. In 2001, President George Bush Jr. appointed her to a high-level government position. Shortly after 9/11, the Lord instructed me to visit her and give a prophetic word. When God shows us a prophetic dream or gives us a prophetic word, He doesn't usually show us the process simultaneously. The journey will involve character building and struggle before we are ready to live our dream.

Maybe your dream has shown you working in a particular profession or owning your own business. This accomplishment doesn't happen overnight or by waving a

magic wand. It will take goal setting, hard work, training, prayer, resilience and dedication to achieve it. You may need to return to school to gain the knowledge required, or take a course, apprenticeship, etc.

A dream doesn't become reality through magic; it takes sweat, determination and hard work. Colin Powell

Angel Dreams

Angels often come alongside us to help guide, direct and heal us in our dreams. They are holy messengers that bring divine insight to show us the correct path in life. Often, angels hide their heavenly form and appear in human form in our dreams. I've experienced several dreams with angels who brought messages to me.

When it looked like the baby we had hoped to adopt wasn't coming home to us, I had a dream encounter. A woman approached me who I believe was an angel. She asked, "What is the desire of your heart for this baby?"

"I want God's will for him."

"What is your desire? Do you really want this baby?"

"Yes, I do, but I desire God's will for this baby. "

Again, she asked, "What is the desire of YOUR heart?"

"My heart's desire is to have Micah come home to us today."

"Then pray that prayer. That is the Father's will."

I awoke with such hope, praying in agreement with Father's will. I had the sensation of my milk letting down and about to flow as I clutched my breasts. It was the same feeling I experienced when nursing my other two children.

As I prayed in the spirit, I heard, "*Micah is My child whom I am giving to you. The birth mother must know without a doubt that you are the family I've chosen for Micah. Be still and know that I am God. Remember when I told you that I would give you another baby. Micah is that baby.*" Micah came home to us that same afternoon. Glory to God!

Three Keys to Unlock Your Dreams

I've heard it said that dreams are like a series of images flashed on a huge IMAX screen. They overemphasize certain issues to make you pay attention. Dream interpretation requires you to be honest with yourself and God. When a dream is understood, it becomes a life-changing experience. Each person has their own life

history through which the Father speaks, so they alone can know the meaning at the moment when the light comes on.

One of the mistakes made in dream interpretation is assuming the dream is about someone or something else because they are in your dream. When I was younger, I viewed my dreams this way and missed important messages about myself. The key to understanding dreams is a combination of symbolic understanding and the ability to hear God's voice. Learn to ask yourself and the Holy Spirit questions in a way to unlock the meaning of your dreams. What is the dominant feeling you had in the dream? What details did you notice—people, feelings, colors, smells? What are the three or four main symbols that stand out?

Here are three basic keys to help you get started on understanding your dreams.

Key #1 Feelings

If you wake up with a feeling of fear, anger, sadness, happiness, etc. this is one of the first things you need to pay attention to. Ask yourself where in my waking life am I feeling this way? More than likely this is the issue your dream is trying to talk to you about. You will see the lens of your dream through this point of reference.

Is the dream positive or negative?

Whatever is happening in your life at the time of the dream is often a key to understanding the symbols and the meaning of the dream. Does the dream have a positive or negative feel to it? Ask yourself

- What emotions am I feeling?
- What's currently happening in my life that is causing that emotion?
- What thoughts are coming up when I think about this dream?

Remember there are two sides to a coin, positive and negative. *It's important to Know What Side of the Coin the Symbol Represents.*

- Contrasting is one way to discern whether the symbol represents the dark side (a caution or warning) or the light side (Godly purpose).
- Is a speeding car representative of going too fast or of God's purposes happening quickly?

After getting the meaning of your dream, ask yourself *how does this dream seem to relate to the circumstances in my life now?*

Key #2 Who is the dream about?

Typically, your dreams will be about you and things going on in your life. When you are interpreting a dream, ask yourself where am I in the dream? Nine times out of ten you are the focus of your dreams.

To identify who the dream is about, it helps to ask the following questions:

- Am I the center of attention? The main character?
- Am I participating?
- Am I observing?

Are you the star of your dream? If you are the center of activity, the dream is most likely about you. The dream will center on something in your life or something you will encounter.

Are you participating in the dream? Are you acting alone or with others? If you are engaging with others, then the dream is about you and how they're affecting you or how you are affecting them.

Are you observing from a place where you see what's going on, but others cannot see you? If you are observing a situation in a dream, then most likely the dream is not about you. It is completely about something or someone else, unless you are observing yourself.

Next, it's important to pay attention to the context of the dream.

Key #3 What area of your life is the dream about?

Dreams often speak to us in the context of our current experience. Take note of the people and what area of your life that are involved. *Often there will be people or places in the dream from your family, work, church, community, etc.* These are clues to help you understand what area of your life the dream is speaking to.

- Are you with family? Then the meaning of the dream probably has to do with you, your family, or perhaps a family issue.
- Are you with people from work? If so, then it is career related.

Is there a connection between the symbolic and current events in your life, your church, your community, your nation or the world at large? *Think about what's currently happening in your life to see if it connects with your dream.* A dream, like a coded message, can leave a dreamer searching for its hidden meaning.

Meaning, Purpose & Response

Doug Addison does a great job of explaining dream interpretation methods in his e-book, *Night Dreams Reveal Your Life Dreams*. He states that dream interpretation becomes easier when you learn to separate the meaning of the dream from the purpose or how it essentially applies to your life. First, you want to get the true meaning of the dream before trying to figure out how it applies to your life.

The *meaning* of the dream is the basic overview of the dream. What is the dream saying to you? For example, my birthing dream showed something new was coming into my life.

The *purpose* of the dream is the reason for the dream. The baby dream got my attention. It woke me up to see something major was happening in my life, and it would require effort and my full attention. So I may need to put other things aside. The *details* of the dream also apply here. The child had a name (Magnificent). I looked up the meaning of the word and found several different descriptive words—impressively beautiful, elaborate, and striking to name a few. Elaborate involves many carefully arranged parts or details. At that time in my life, I was on the eve of launching a new business, developing a communications skills training, working with a branding consultant and publishing my book, *Tragically Taken*. There were many moving parts that required my attention to detail.

Normally, there is one main meaning and many applications. This dream was about me, but I also felt it applied to others going through the same thing. So, I posted it on my Facebook page to inspire others, and it resonated with many of my friends.

The *response* is what to do with the meaning of the dream. When you respond in some way, it makes the dream come alive. In relating to my birthing dream, I prayed and asked for wisdom in navigating the season as it required hard work and diligence. The dream confirmed that I was to focus my energy on the branding process and PUSH through to bring it to manifestation. It confirmed I was on the right path. So I put other things aside and spent my energies on completing the task in front of me.

It's important to follow through on revelation or direction we receive. Responses to your dreams might include practical steps such as reaching out to someone, making a phone call, taking a class, forgiving someone, going to a certain location,

etc. I do want to caution you here concerning major life changes. When God showed us through a dream concerning making a major life change such as moving, He confirmed it.

Initially, when I received messages through dreams, I responded with small practical steps. Over a period of time, I've developed the capacity to trust God to take bigger risks because He's proven Himself faithful.

Colors in Dreams

Colors are probably the most overlooked element in our dreams. Yet, when colors appear in your dreams they usually have meaning or will help you in understanding the dream's message. You only need to look at all the colors in creation to see that God is really into color. He uses color to teach you who He is, what He's like and what He's restoring to your life. God is love and light. When He speaks in your dreams, He is releasing His creative light within your spirit to direct you and transform you.

The colors God chooses to be in our dreams are significant and important. They are not random. God is communicating to us through the array of colors that are displayed. Colors or light spectrums in our dreams reveal things that are hidden in our spirit or soul that need our attention in prayer. It's important to look at the overall sense of color in your dreams. Color dreams can be split in two categories: spiritual and soulish.

Is the color in your dream bright or dark?

- Bright, vibrant color— Positive from God
- Muted color—soul
- Black & white or dark (set at night)—negative influence, demonic; neon colors ("black light") may be demonic (pray and change it)

Some dreams are initiated in **our souls** from our own desires.

- Soul dreams and spiritual warfare dreams have less light or dark light causing the event to be viewed in a dark (muted) or cloudy atmosphere.
- These dreams leave us with a feeling of confusion, lack of clarity or a foreboding presence.

Basic Color Meanings

- Red—wisdom, anointing, power, anger, or war
- Brown—compassion or humanism
- Blue—revelation, communion or depression
- Gold, amber—holiness, purity or idolatry, contamination
- Purple—authority
- Orange—perseverance or stubbornness
- Yellow—mind, hope or fear, coward
- Green—conscience, growth, prosperity, or envy, pride
- Gray—wisdom (hair) or weak, compromising
- Silver—redemption
- White—holy, purity, God
- Pink—childlikeness, faith, passion

Guidance Dreams

Guidance dreams contain answers to waking problems. They dispel confusion and bring clarity so you can make good choices. In 2008, the ministry I had invested my time in for several years dissolved along with several relationships. It was both a painful and disappointing time in my life.

Fortunately, later that year, I had an amazing opportunity to travel to Uganda. This was the fulfillment of a dream I had in 1992, where I saw myself walking on African soil rescuing children. The opportunity to work in collaborative partnership with a NGO to help reintegrate trafficked youth into society was a life changing experience. Shortly after my return home, I considered whether to attend graduate school to learn more about human trafficking.

My answer came through a guidance dream. In the dream, I was walking on a college campus but wasn't sure where I lived. Throughout the dream, people were telling me that I lived in a very nice place and went out of their way to help me. "Why don't you ask Al Green if he knows where you live?" I noticed him a few yards away, so I walked in his direction. He was talking to a couple of people and greeted me with a warm smile. When I extended the invitation to be a part of the project, he heartily accepted. He pointed in the direction of my home and said, "This

is where you live now.” I slipped my hand into my right pocket and felt a key ring with several keys. I knew these were the keys to my new place.

The overall message from this dream confirmed that God was leading me to enroll in graduate school. I’m not an Al Greene fan like my husband so I knew the name had meaning. Al means harmonious, at one with creation and Green symbolizes growth, prosperity, Spirit of Counsel. Keys represent authority, truth, revelation, understanding and faith. In essence, this dream revealed that I would flourish in graduate school. I would have supportive people who believed in me. This was where I belonged during that season of my life. Although I may have felt unsure, I had the ability, faith and knowledge to succeed.

After seeking Father’s guidance, this dream gave me the courage to take a leap of faith to attend graduate school. My response to this dream set into motion a ripple effect. Moving to Washington, DC, positioned me to meet remarkable and supportive people. I met vibrant, young college students who became fast friends. One day at a nail salon, I met the ambassador’s wife to Tanzania. Her husband was recently appointed to the position, and they were preparing to relocate. The start of this new relationship opened the door for me to visit her and go on a safari. A dream come true and fulfillment of a prophetic word God gave me the previous year.

After completing graduate school in 2010, we launched *Release Me International* (RMI) a 501(c)(3) non-profit organization that trains people to recognize the signs and causes of human trafficking, act early, and respond with compassion.

In 2014, I received the FBI Director’s Community Leadership Award for RMI’s dedication to Child Trafficking Prevention on the local, state, and national level. I was honored to receive this prestigious award from former FBI director, James B. Comey.

Unfortunately, we did not fully complete what we set out to accomplish, due to our lack of success in fundraising. However, we did succeed in providing prevention awareness training to the Hampton Roads community and beyond. RMI reached thousands with the critical message about Child Sex Trafficking. As a result, teen victims were identified and rescued.



If you can dream it, you can become it and you can achieve it.

Dreams that Change the World

Interpreting dreams correctly coupled with taking action can often provide solutions to very significant problems. However, very few people value their dreams to leverage them.

The interesting thing about people who have dreams that change the world is they sense that somehow this dream applies to my life. They continue asking questions after “What does this dream mean?” In other words, they take the process a step farther by asking, “How can I use this dream to solve practical problems and achieve my goals in life? What might I use it for?”

In Nancy M. Welch’s book, *Healing Emotional Wounds*, she writes about her experience with a detailed dream that changed the course of her life. Nancy’s school was seeking applications for a highly competitive research scholarship when she was a third year medical student. Since she didn’t consider herself to be in that league, she paid little attention to the announcement. She didn’t think the job would suit her because she was social and enjoyed interaction with her patients.

One night, Nancy had a very detailed dream that outlined methodologies for a research project. She awoke and wrote the proposal revealed in her dream. Based on the dream’s message, she applied for the scholarship. Nancy won the competition without any experience in clinical research. She had no previous interest in this field,

yet the dream led her in a completely new direction. Her dream created a space for her to rise above the limiting belief that she wasn't smart enough.

We can make our plans, but the LORD determines our steps.

Proverbs 16:9

Dream of the Speed of Light: When Albert Einstein was a young man, he had a dream about sledding down a steep mountainside. He was going so fast he eventually approached the speed of light. The stars in his dream changed their appearance in relation to him. He awoke and meditated on this idea. Based on this dream, he eventually developed one of the most famous scientific theories in the history of mankind.

Dream of Idea for Google: Larry Page dreamed of downloading the entire web on the computer when he was twenty-three years old. Two years later, he incorporated Google on Sept. 4, 1998.

Dream of Cure for Scalp Infection: Madam C.J. Walker was the first American, self-made, female millionaire according to the Guinness Book of Records. Madame Walker founded and built a highly successful African-American cosmetic company. She suffered from a scalp infection that caused her to lose most of her hair in the 1890's. The solutions to her problem came through a dream. "He answered my prayer, for one night I had a dream. In the dream a big, black man appeared to me and told me what to mix up in my hair. Some of the remedy was grown in Africa, but I sent for it, mixed it, put it on my scalp, and in a few weeks my hair was coming in faster than it had ever fallen out. I tried it on my friends and it helped them. I made up my mind to begin to sell it."

What dream messages are you receiving that can change your world?

Healing Dreams

God can bring dreams that show us when our bodies are out of alignment. We may need healing in our physical body, in a relationship or in our emotions. Healing dreams communicate messages to us about our physical, emotional, and spiritual health.

Tanya's dream

I had been having severe pain in my neck. While I was asleep (in and out because of the pain), I was praying for relief. While in and out of this phase, I audibly heard the word "nettle". It was so loud I repeated it with my own voice during this experience.

Later, after I was fully awake, I contacted my holistic practitioner to ask her about it. She did a series of testing and confirmed that nettle tea was what I needed. I was going through several types of therapy during this time and releasing trauma from my body. Some of this trauma and negative energy was trapped in my body and did not have a way to expel itself. Nettle was the key to help my body flush all that it was releasing.

Prophetic Healing Dreams

I had many dreams where people got healed when I laid my hands on them long before it actually happened. The dreams became a reality after I walked through my own cleansing fire. God's power began to flow through me after I received healing from the trauma of childhood sexual and ritual abuse.

Healing encounters happened first in my home then in public places. It always amazes me how God will bring people into your life who need a touch from Him. He brought all types of people—teachers, pastors, parents—and I saw God deliver and set them free from both emotional and physical pain.

The first time I experienced a remarkable miracle, I was speaking at Protestant Women of the Chapel (PWOC) International conference. Over lunch, my friend, who is an intercessor, pointed towards a lady, "God wants us to pray for that woman in the wheelchair over there." While we were praying, my hands felt very hot and I heard the Holy Spirit say, "Put your hand on her head." A few minutes later, she stood up out of her wheelchair and pushed it out the room! Later, the lady shared that God told her if she came to this conference, He would heal her.

About a month later, I received a note from her, *'Our God is AWESOME! I went to the doctor today. There is no trace of cancer on the brain. I'm being taken off Decadron. ... I'm still testifying about the healing power that God sent ... Yes, I'm still not using the wheelchair or walker at home or at church.'*

A few years later, I received a series of dreams showing fire, electricity and bluish flames coming out of my hands followed by creative miracles. In early 2007, I had a dream where a man was hanging on a cross suffering. I was angry because Jesus already paid the price to suffer on the cross for him. I felt fireballs in my hands and had an indescribable urge to throw them. I threw the fireball and hit the man in the stomach. It penetrated his skin. Immediately, he fell off the cross totally healed.

I'd receive a confirmation of this healing gift at a conference. I was out in the spirit when I encountered an angel saying, *"I'm putting fireballs in your hands."* I watched him place them in my hands, and they became very hot. I had ministered with the guest minister the previous day at a conference I hosted. She wrote me later that day, 'When you were laying down on the chairs, I saw this red come out of your fingers. I don't know how to describe it. In one way, it was like red fire and in another way, it was like a red ribbon. But it was unusual-never seen that before.'

I was a guest speaker at a women's conference in North Carolina when I threw my first fireball. I was in awe of God when the woman hit the floor as God performed major surgery. Later, her counselor informed me that Judy was a ritual abuse survivor. While she lay on the floor, Judy experienced miraculous healing. As a result, she got unstuck and was able to move forward in her counseling session.

The future belongs to those who believe in the beauty of their dreams.
Eleanor Roosevelt

How to Remember Your Dreams

Anytime you wake up from a dream that grips you in the middle of the night pay attention to it. It's important. If you wait until the morning to remember and write it down you will have lost important elements. Today it's easy to record our dreams on our smart phones. I keep my phone close at hand so I can capture the dream while it's fresh.

Everyone dreams, but not everyone remembers his or her dreams. If you have difficulty remembering your dreams, I believe you can train yourself to recall your dreams. Begin to value your dreams by keeping a notebook, pen or recorder near your bed. Before you go to bed, tell yourself that you will remember your dream. Better yet, ask God to give you a dream and the ability to recall it.

When you wake up in the morning, spend a few minutes with your eyes closed relaxing and listening in this peaceful state. Then open your eyes and write down anything you remember about the previous night's dream. Don't try to interpret the dream because it might interfere with your recall. Just get the gist of the dream down. Follow these steps over a couple of weeks and eventually you'll develop a habit of remembering your dreams.



Hold fast to dreams, for if dreams die, life is a broken-winged bird that cannot fly.
Langston Hughes

Dreams create a space for us to rise above limitations that often surrounds us. *God is able to do immeasurably more than all we ask or imagine, according to His power that is diligently at work within us.*

God's nightly messages are personalized with images and symbols drawn from your own life experiences. No dream dictionary or fixed-symbol system will give you the perfect meaning of your dream. Dream dictionaries and people are helpful, but they may not be able to explain what God is trying to show you. Dreams provide new perspectives, creative solutions and endless possibilities when you open yourself up to receiving the powerful messages that your dreams offer you.

Fulfilling Your Life Dreams

Do you know your passion or purpose? What brings you life and motivates you? What makes your heart sing? These are a couple of questions to help you discover

your purpose. God created you with unique gifts and talents to live a purposeful life. I would love to work with you in helping you move forward to live your dream.

If you want to understand your dreams and how they connect to your life, I invite you to join one of my exciting webinars. You can discover your purpose and begin living a more fulfilling life.

Dreams can provide new perspectives and creative solutions when you open yourself up to receiving them. Dreams bring powerful messages and endless possibilities that can change your life. Dream Forward and create the life you were born to live.

A dream fulfilled is a tree of life.

Proverbs 13:12